# Core Surgical Training - CT1

## Entry Criteria

### Essential Criteria

<table>
<thead>
<tr>
<th>Qualifications</th>
<th>When Evaluated</th>
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<tbody>
<tr>
<td>Applicants must have:</td>
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<tr>
<td>• MBBS or equivalent medical qualification</td>
<td>Application form</td>
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</tbody>
</table>

### Eligibility

Applicants must:

- Be eligible for full registration with, and hold a current licence to practise from the GMC at intended start date
- Have evidence of either:
  - current employment in a UKFPO-affiliated foundation programme
  - 12 months’ experience after full GMC registration or equivalent, and evidence of achievement of foundation competences in the three years preceding the intended start date from a UKFPO-affiliated foundation programme or equivalent, in line with GMC standards / Good Medical Practice; including:
    - make the care of your patient your first concern
    - provide a good standard of practice and care
    - take prompt action if you think that patient safety, dignity or comfort is being compromised
    - protect and promote the health of patients and of the public
    - treat patients as individuals and respect their dignity
    - work in partnership with patients
    - work with colleagues in the ways that best serve patients’ interests
    - be honest and open and act with integrity
    - never discriminate unfairly against patients or colleagues
    - never abuse your patients’ trust in you or the public’s trust in the profession.
- Be eligible to work in the UK
- Advanced Life Support Certificate from the Resuscitation Council UK or equivalent (as required to complete Foundation competences) by intended start date

### Fitness to Practise

Is up to date and fit to practise safely and is aware of own training needs.

### Language Skills

Applicants must have demonstrable skills in written and spoken English, adequate to enable effective communication about medical topics with patients and colleagues; as demonstrated by one of the following:

- undergraduate medical training undertaken in English;
- academic International English Language Testing System (IELTS) results showing a score of at least 7.0 in each domain (speaking, listening, reading, writing), with an overall score of at least 7.5, to be achieved in a single sitting and within 24 months of the time of application

If applicants believe they have adequate communication skills, but do not have evidence in one of the above forms, they must provide alternative supporting evidence of language skills.

### Health

Applicants must meet professional health requirements (in line with GMC standards / Good Medical Practice).
## Career progression

Applicants must:

- Be able to provide complete details of their employment history
- Have evidence that their career progression is consistent with their personal circumstances
- Have evidence that their present level of achievement and performance is commensurate with the totality of their period of training
- **18 months’ or less experience** (not including Foundation modules) by time of intended start date
  
  - For OMFS applicants: only surgical experience

- Not have previously relinquished or been released / removed from a core surgical training programme, except under exceptional circumstances.

- Not previously resigned, been removed from, or relinquished a post or programme with resultant failure to gain the award of a FACDS.2, except under extraordinary circumstances and on the production of evidence of satisfactory outcome from appropriate remediation.

## Application completion

ALL sections of application form completed FULLY according to written guidelines.

## SELECTION CRITERIA

<table>
<thead>
<tr>
<th>ESSENTIAL CRITERIA</th>
<th>DESIRABLE CRITERIA</th>
<th>WHEN EVALUATED</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Qualifications</strong></td>
<td>• As above</td>
<td>Application form, interview/selection centre, References</td>
</tr>
<tr>
<td></td>
<td>• Additional related qualifications, e.g. intercalated degree, BSc, BA, BMedSci or equivalent</td>
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<tr>
<td><strong>Clinical skills – clinical knowledge &amp; expertise</strong></td>
<td>• Ability to apply sound clinical knowledge and judgement to problems</td>
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<td></td>
<td>• Ability to prioritise clinical need</td>
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<td>• Ability to maximise safety and minimise risk</td>
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<td>• Recognition of, and ability to undertake the initial management of, an acutely ill patient</td>
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<td></td>
<td>• Shows aptitude for practical skills, e.g. hand-eye coordination, dexterity, visuospatial awareness</td>
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<td>• Successful completion of relevant skills course(s)</td>
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<tr>
<td></td>
<td>Application form, interview/selection centre, References</td>
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### Academic skills

**Research and audit skills:**
- Demonstrates understanding of research, including awareness of ethical issues
- Demonstrates understanding of the basic principles of audit, clinical risk management, evidence-based practice, patient safety, and clinical quality improvement initiatives
- Demonstrates knowledge of evidence-informed practice

**Research and audit skills:**
- Evidence of relevant academic and research achievements, e.g. degrees, prizes, awards, distinctions, publications, presentations, other achievements
- Evidence of involvement in an audit project, a quality improvement project, formal research project or other activity which:
  - focuses on patient safety and clinical improvement
  - demonstrates an interest in and commitment to the specialty beyond the mandatory curriculum

**Teaching:**
- Evidence of interest in, and experience of, teaching
- Evidence of feedback for teaching

### Personal skills

**Communication skills:**
- Demonstrates clarity in written/spoken communication, and capacity to adapt language to the situation, as appropriate
- Able to build rapport, listen, persuade and negotiate.

**Problem solving and decision making:**
- Capacity to use logical/lateral thinking to solve problems/make decisions, indicating an analytical/scientific approach.

**Empathy and sensitivity:**
- Capacity to take in others’ perspectives and treat others with understanding; sees patients as people
- Demonstrates respect for all.

**Managing others and team involvement:**
- Able to work in multi-professional teams and supervise junior medical staff
- Ability to show leadership, make decisions, organise and motivate other team members; for the benefit of patients through, for example, audit and quality improvement projects
- Capacity to work effectively with others.

**Organisation and planning:**
- Capacity to manage/prioritise time and information effectively
- Capacity to prioritise own workload and organise ward rounds
- Evidence of thoroughness (is well-prepared, shows self-discipline/commitment, is punctual and meets deadlines.)

**Management and leadership skills:**
- Evidence of involvement in management commensurate with experience
- Demonstrates an understanding of NHS management and resources
- Evidence of effective multi-disciplinary team working and leadership, supported by multi-source feedback or other workplace-based assessments
- Evidence of effective leadership in and outside medicine.

**IT skills:**
- Demonstrates information technology skills.

**Other:**
- Evidence of achievement outside medicine
- Evidence of altruistic behaviour, e.g voluntary work
- Evidence of organisational skills – not necessarily in medicine, e.g. grant or bursary applications, organisation of a university club, sports section, etc.
**PERSON SPECIFICATION 2016**

<table>
<thead>
<tr>
<th>Vigilance and situational awareness:</th>
<th>Coping with pressure and managing uncertainty:</th>
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<tbody>
<tr>
<td><em>Capacity to monitor developing situations and anticipate issues.</em></td>
<td><em>Capacity to operate under pressure</em></td>
</tr>
<tr>
<td><em>Demonstrates initiative and resilience to cope with changing circumstances</em></td>
<td><em>Is able to deliver good clinical care in the face of uncertainty</em></td>
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<thead>
<tr>
<th>Values:</th>
<th>Probit – professional integrity</th>
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<tr>
<td><em>Understands, respects and demonstrates the values of the NHS Constitution (e.g. everyone counts; improving lives; commitment to quality of care; respect and dignity; working together for patients; compassion)</em></td>
<td><em>Demonstrates probity (displays honesty, integrity, aware of ethical dilemmas, respects confidentiality)</em></td>
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<tr>
<td><em>Is able to deliver good clinical care in the face of uncertainty</em></td>
<td><em>Capacity to take responsibility for own actions.</em></td>
</tr>
</tbody>
</table>

**Commitment to specialty – learning and personal development**

| Shows initiative/drive/enthusiasm (self-starter, motivated, shows curiosity, initiative) | Evidence of participation in extracurricular activities / achievements relevant to surgery throughout career progression. For example, membership to relevant surgical bodies/societies, attendance at relevant courses/conferences, surgical elective, logbook and undergraduate/postgraduate surgical projects etc. |
| Demonstrable interest in, and understanding of, surgery | Application form, interview/selection centre, references |
| Commitment to personal and professional development | Application form, interview/selection centre |
| Evidence of attendance at organised teaching and training programme(s) | References |
| Evidence of self-reflective practice. | |

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1 'When evaluated' is indicative, but may be carried out at any time throughout the selection process.

2 The GMC introduced the licence to practise in 2009. Any doctor wishing to practise in the UK after this date must be both registered with and hold a licence to practise from the GMC at time of appointment.

3 ‘Intended start date’ refers to the date at which the post commences, not (necessarily) the time an offer is accepted. For 2015 CT1 posts this will normally be **5 August 2015**, unless a different start date is specifically indicated in advance by the employing trust/LETB.

4 ‘Selection centre’ refers to a process, not a place. It involves a number of selection activities which may be delivered within the unit of application.

5 Applicants are advised to visit the GMC website which gives details of evidence accepted for registration.

6 Any time periods specified in this person specification refer to full-time-equivalent.

7 All experience in posts at any level in this specialty count, irrespective of the country the experience is gained.

8 Applications will only be considered if applicants provide a Support for Reapplication to a Specialty Training Programme form, signed by both the Training Programme Director/Head of School and the Postgraduate Dean in the LETB/Deanery that the training took place. Extraordinary circumstances may be defined as a demonstrated change in circumstances, which can be shown on the ability to train at that time and may include severe personal illness or family caring responsibility incompatible with continuing to train. Completed forms must be submitted at the time of application. No other evidence will be accepted.

9 Failure to satisfactorily complete an F2 programme once started should normally be addressed by returning to complete it. Extraordinary circumstances may be defined as a demonstrated change in circumstances which can be shown to impact on the ability to train at that time and may include severe
personal illness or family caring responsibility incompatible with continuing to train as a F2 doctor, either through sickness absence, as a LTFT trainee or in a period out of programme.