## Entry criteria

### Essential Criteria

<table>
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<tr>
<th>Qualifications</th>
<th>When Evaluated</th>
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<tbody>
<tr>
<td>Applicants must have:</td>
<td>Application form, interview/selection centre*</td>
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<tr>
<td>- MBBS or equivalent medical qualification</td>
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<tr>
<td>- MRCP(UK) Part 1 or MRCGP (AKT) or EEA eligibility* when application</td>
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<tr>
<td>- MRCP(UK) full diploma or MRCGP (full) or EEA eligibility* by the required deadline*</td>
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### Eligibility

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<tr>
<th>Eligibility</th>
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<tbody>
<tr>
<td>Applicants must:</td>
<td>Application form, interview/selection centre*</td>
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<tr>
<td>- Be eligible for full registration with, and hold a current licence to practise* from, the GMC at time of appointment*</td>
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<tr>
<td>- Have evidence of achievement of <strong>foundation competences</strong> from a UKFPO-affiliated foundation programme or equivalent, by time of appointment* in line with GMC standards / Good Medical Practice; including:</td>
<td>Application form</td>
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<tr>
<td>- <em>make the care or your patient your first concern</em></td>
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<td>- <em>provide a good standard of practice and care</em></td>
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<td>- <em>take prompt action if you think that patient safety, dignity or comfort is being compromised</em></td>
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<td>- <em>protect and promote the health of patients and of the public</em></td>
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<td>- <em>treat patients as individuals and respect their dignity</em></td>
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<td>- <em>work in partnership with patients</em></td>
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<td>- <em>work with colleagues in the ways that best serve patients’ interests</em></td>
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<td>- <em>be honest and open and act with integrity</em></td>
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<td>- <em>never discriminate unfairly against patients or colleagues</em></td>
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<td>- <em>never abuse your patients’ trust in you or the public’s trust in the profession.</em></td>
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<tr>
<td>- Have either:</td>
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<tr>
<td>- <em>evidence of achievement of CT/ST1 competences in medicine</em> (CMT or ACCS or equivalent) at time of appointment* Acceptable evidence includes ARCP or equivalent, Certificate C*, or alternative certification of core competences</td>
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<td>- or:</td>
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<tr>
<td>- <em>evidence of achievement of ST2 competences in general practice</em> at time of appointment &amp; ST3 competences in general practice by the time of appointment*. Acceptable evidence includes ARCP or equivalent or alternative certification of competences</td>
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<tr>
<td>- Be eligible to work in the UK.</td>
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### Fitness to practise

- Is up to date and fit to practise safely. | Application form, references |

### Health

- Applicants must meet professional health requirements (in line with GMC standards / Good Medical Practice). | Application form, pre-employment health screening |

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1. ‘When evaluated’ is indicative, but may be carried out at any time throughout the selection process.
2. EEA applicants without MRCP(UK) or MRCGP may be eligible under the EU directive 2005/36/EC. For further information, please refer to the JRCPTB website: [http://www.jrcptb.org.uk/Careers%20and%20Recruitment/Pages/Introduction.aspx](http://www.jrcptb.org.uk/Careers%20and%20Recruitment/Pages/Introduction.aspx).
3. The required deadline refers to a deadline date set in each recruitment round by which applicants must meet certain requirements (eg GMC registration); this date will be specified clearly within the published advertisement for that recruitment round. NB – in the first 2014 recruitment round, this date will be 6 August 2014.
4. ‘Selection centre’ refers to a process, not a place. It involves a number of selection activities which may be delivered within the unit of application.
5. The GMC introduced the licence to practise in 2009. Any doctor wishing to practise in the UK after this date must be both registered with and hold a licence to practise from the GMC at time of appointment.
6. ‘Time of appointment’ refers to the date at which the post commences, not (necessarily) the time an offer is accepted.
Language skills

Applicants must have demonstrable skills in written and spoken English, adequate to enable effective communication about medical topics with patients and colleagues; as demonstrated by one of the following:

- undergraduate medical training undertaken in English;

or

- the following scores achieved in the academic International English Language Testing System (IELTS), in a single sitting, no more than 24 months prior to the date of application:
  
  Overall 7.0, Speaking 7.0, Listening 7.0, Reading 7.0, Writing 7.0

If applicants believe they have adequate communication skills, but do not have evidence in one of the above forms, they must provide alternative supporting evidence of language skills.

Career progression

Applicants must:

- Be able to provide complete details of their employment history
- Have evidence that their career progression is consistent with their personal circumstances
- Have evidence that their present level of achievement and performance is commensurate with the totality of their period of training
- Meet the experience requirements listed in either option 1) or option 2) below:
  
  1) applicants must have at least 24 months’ experience in medicine (of which at least 12 months must include the care of medical in-patients) by the time of commencement of ST3 training; this experience must be/have been gained in either:
    
    - a UK CMT/ACCS programme
    
    or
    
    - physicianly medical specialties as defined by JRCPTB (excluding experience at foundation level).

  or:

  2) applicants must have at least 24 months’ experience in general practice – excluding foundation modules – by the time of commencement of ST3 training

- Not already hold, nor be eligible to hold, a CCT/CESR; and must not currently be eligible for the specialist register for the specialty to which they are applying
- Not have previously relinquished or been released / removed from a training programme in this specialty; except under exceptional circumstances.

Application completion

ALL sections of application form completed FULLY according to written guidelines.

Transportation

Applicants must hold current valid driving licence or provide an undertaking to provide alternative means of transport to fulfill the requirements of the whole training programme.

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<table>
<thead>
<tr>
<th>Selection criteria</th>
<th>Essential criteria</th>
<th>Desirable criteria</th>
<th>When evaluated¹</th>
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</thead>
<tbody>
<tr>
<td><strong>Qualifications</strong></td>
<td>(as above – see entry criteria)</td>
<td>• Postgraduate exam relating to training route at time of application (eg MRCP(UK) or MRCGP) at the time of application</td>
<td>Application form Interview/selection centre⁴</td>
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<td>• Sport &amp; exercise medicine-specific qualification (eg MSc or PGDip)</td>
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<td>• Intercalated BSc or equivalent</td>
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<td>• Higher degrees including MSc, PhD or MD (where the research thesis is not part of first medical degree)</td>
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<tr>
<td><strong>Career progression</strong></td>
<td>• Evidence that present achievement and performance is commensurate with totality of training.</td>
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<td>Interview/selection centre⁴</td>
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<tr>
<td><strong>Clinical experience</strong></td>
<td>• Evidence of broad background experience in a range of medical specialties and general practice through training pathways in core medicine, ACCS, GP or equivalent.</td>
<td>• Experience at CT/ST 1/2-level of managing patients with sports and exercise-related conditions by the time of commencement of ST3 training</td>
<td>Application form Interview/selection centre⁴ References</td>
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<td></td>
<td>• Experience of working in a sport &amp; exercise medicine team.</td>
<td></td>
<td>References</td>
</tr>
<tr>
<td><strong>Clinical skills – clinical knowledge &amp; expertise</strong></td>
<td>• Demonstrates awareness of the basics of managing sport and exercise-related injuries</td>
<td>• Evidence¹² of some competences in the specialty as defined by the relevant curricula</td>
<td>Application form Interview/selection centre⁴ References</td>
</tr>
<tr>
<td></td>
<td>• Competence at core-completion level in the management of medical emergencies, in-patients and outpatients</td>
<td>• Evidence¹² of skills in the management of acute medical emergencies (eg ALERT, IMPACT certification)</td>
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<td></td>
<td>• Appropriate knowledge base, and ability to apply sound clinical judgement to problems</td>
<td>• Evidence¹² of skills in the management of patients not requiring hospital admission</td>
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<td>• Proficiency in a range of medical procedures (as defined by the core curriculum) as an indication of manual dexterity and hand-eye coordination</td>
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<td>• Able to work without direct supervision where appropriate</td>
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<td>• Able to prioritise clinical need</td>
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<td>• Able to maximise safety and minimise risk</td>
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<td>• Demonstrate current ALS certification or equivalent.</td>
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(cont.)

¹² Evidence can include portfolio, logbook, ARCP, or equivalent. Where relevant/applicable, workplace-based assessments (eg CbD, mini-CEX, ACAT, DOPS, MSF, or equivalent) may also be used to demonstrate achievement of competences.
### Academic skills

#### Research and audit skills:
- Demonstrates understanding of research, including awareness of ethical issues
- Demonstrates understanding of the basic principles of audit, clinical risk management, evidence-based practice, patient safety, and clinical quality improvement initiatives
- Demonstrates knowledge of evidence-informed practice

#### Research and audit skills:
- Demonstrates an understanding of research methodology
- Evidence of relevant academic and research achievements, and involvement in a formal research project
- Evidence of relevant academic publications
- Evidence of involvement in an audit project, a quality improvement project, formal research project or other activity which:
  - Focuses on patient safety and clinical improvement
  - Demonstrates an interest in and commitment to the specialty beyond the mandatory curriculum
- Evidence of a portfolio of audit / quality improvement projects, including where the audit loop has been closed and there is evidence of learning of the principles of change management
- Demonstrates an understanding of clinical governance
- Evidence of exceptional achievement in medicine.

#### Teaching:
- Evidence of teaching experience and/or training in teaching.

#### Teaching:
- Evidence of involvement in teaching students, postgraduates and other professionals
- Evidence of participation in a teaching course.

### Probit – professional integrity

- Demonstrates probity (displays honesty, integrity, aware of ethical dilemmas, respects confidentiality)
- Capacity to take responsibility for own actions.

### Commitment to specialty – learning and personal development

#### Shows initiative/drive/enthusiasm (self-starter, motivated, shows curiosity, initiative)
- Demonstrable interest in, and understanding of, the specialty
- Commitment to personal and professional development
- Evidence of attendance at organised teaching and training programme(s)
- Evidence of self-reflective practice.

#### Extracurricular activities/achievements relevant to the specialty
- Evidence of participation at meetings and activities relevant to the specialty.
### Personal skills

#### Communication skills:
- Demonstrates clarity in written/spoken communication, and capacity to adapt language to the situation, as appropriate.
- Able to build rapport, listen, persuade & negotiate.

#### Problem solving & decision making:
- Capacity to use logical/lateral thinking to solve problems/make decisions, indicating an analytical/scientific approach.

#### Empathy and sensitivity:
- Capacity to take in others’ perspectives and treat others with understanding; sees patients as people.
- Demonstrates respect for all.

#### Managing others & team involvement:
- Able to work in multi-professional teams and supervise junior medical staff.
- Ability to show leadership, make decisions, organise and motivate other team members; for the benefit of patients through, for example, audit and quality improvement projects.
- Capacity to work effectively with others.

#### Organisation and planning:
- Capacity to manage/prioritise time and information effectively.
- Capacity to prioritise own workload and organise ward rounds.
- Evidence of thoroughness (is well-prepared, shows self-discipline/commitment, is punctual and meets deadlines.)

#### Vigilance and situational awareness:
- Capacity to monitor developing situations and anticipate issues.

#### Coping with pressure and managing uncertainty:
- Capacity to operate under pressure.
- Demonstrates initiative and resilience to cope with changing circumstances.
- Is able to deliver good clinical care in the face of uncertainty.

#### Management and leadership skills:
- Evidence of involvement in management commensurate with experience.
- Demonstrates an understanding of NHS management and resources.
- Evidence of effective multi-disciplinary team working and leadership, supported by multi-source feedback or other workplace-based assessments.
- Evidence of effective leadership in and outside medicine.

#### IT skills:
- Demonstrates information technology skills.

#### Other:
- Evidence of achievement outside medicine.
- Evidence of altruistic behaviour, eg voluntary work.

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